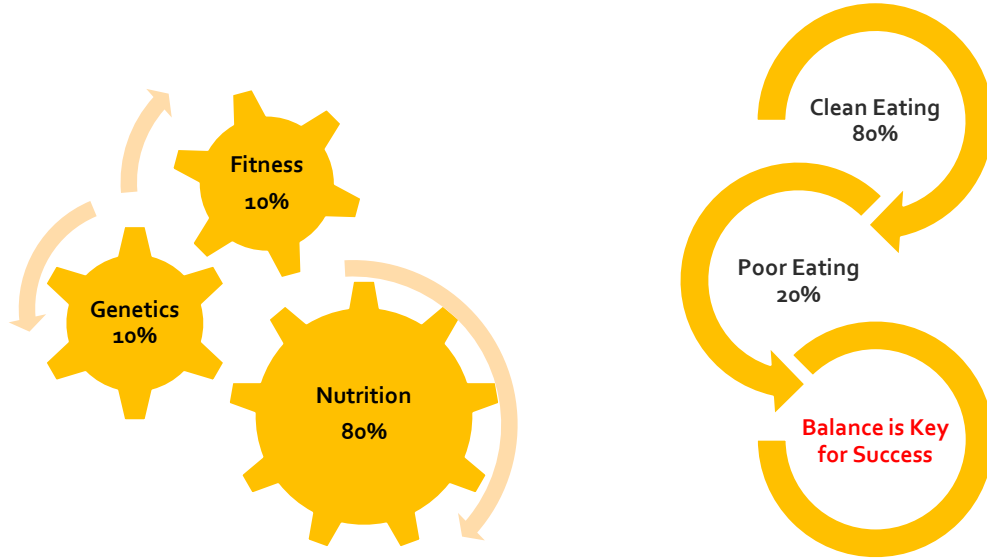


ACTION PLAN: LONG TERM SUCCESS

BODY BEAUTIFUL FORMULA



The Blueprint for Achieving Your Goal

You're Vision:

You're Timeline:

You're Plan:

You're Resources:

How will you stay Motivated?
