

SERVICE CONTRACT FOR ALL SERVICES

OFFICE USE:

Date: _____ You're Location: _____

I/The _____ is/are interested in a Weight Loss Service;
(Private Client, Business, Schools or Non-Profit Organization)

- | | | | | |
|--|---------|-------|------|-----------|
| <input type="radio"/> DietSmart Weight Loss Services | Private | Group | Home | Corporate |
| <input type="radio"/> Rehabilitation, Mobility Services | Private | Group | Home | Corporate |
| <input type="radio"/> Fitness/Physical Education Classes | Private | Group | Home | |
| <input type="radio"/> Corporate Weight Loss Services | | Group | | |
| <input type="radio"/> Leptin Patch Services | Private | | Home | |
| <input type="radio"/> Educational Training Workshops | | Group | | Corporate |
| <input type="radio"/> The DietSmart Weight Loss Course | | Group | | |
| <input type="radio"/> Personal Training Sessions | Private | Group | Home | |

1. What is your main goal for this service?

2. What is the time frame for your goal?

3. What Service Plan, or Program are you interested in?

4. Have you had a Consultation for Service with DrPenny?

5. When are you wanting to start?

6. Do you need financing?

7. Are you interested in the Weight Loss Grants Program?

8. Do you have any medical health concerns? _____
9. Are you ready to lose weight? _____
10. Are you 18 years of age? _____
11. Are you ready to register for your Service? _____
12. Do you need a follow up from this visit? _____

Client Signature _____ **DrPenny Initials of Approval** _____

Client Address & Primary Contact: _____

DietSmart (Nutrition Services)	Program Length	Professional Fees
○ Nutrition Consultation	1 hour	\$95
○ Weight Loss Grants Program <i>Supervised Nutrition & Personal Training</i> <i>Accredited Program Provider</i>	18 Months Deadline 3 Months Training + 15 Months of Follow Up Care	\$5000 Home Plan \$3000 Group Plan
○ DietSmart Diabetes Type 2	3 Weeks @2 hrs./week	\$360 Home Plan
○ DietSamrt Heart Disease	3 Weeks @ 2 hrs./week	\$360 Home Plan
○ DietSmart Overweight nutrition training	3 Weeks @ 2 hrs./week	\$360 Home Plan
○ DieSmart Obese nutrition training	6 Weeks @ 2 hrs./week	\$860 Home Plan
○ DietSmart Obesity includes Personal Training	10 Week @ 2 hrs./week	\$1095 Home Plan
○ DietSmart Menopause, Hormones & Weight	3 Weeks @ 2 hrs./week	\$360 Home Plan
○ DietSmart Keto – Rapid Fat Burning	3 Weeks @ 2 hrs./week	\$360 Home Plan
○ DietSmart Seniors & Disability	3 Weeks @ 2 hrs./week	\$360 Home Plan
○ DietSmart Bariatric Post-Op Care	1 Year @ 4 hrs./month	\$1,260 Home Plan

Rehabilitation (Mobility) Services	Program Length	Professional Fees
○ Physical Activity Consultation	1 hour	\$95
○ Personal Training/Fitness Rehab	1 hour	\$60
○ Mini DietSmart Plan <i>Nutrition & Personal Training</i> <i>\$\$\$Big Savings – Most Popular Supervised Program</i>	10 Weeks @2 hrs./week 12 hrs/Nutrition + 4 hrs/Physical Activity	\$1095 Home Plan \$860 Group Plan
○ Pilates Classes	per private hour per 10 Classes	\$35 Home Plan \$150 Group Plan
○ Aquacise	Per Private Hour	\$25 Includes Pool Pass
○ Sexercise	Per Private Hour Per 10 Classes	\$35 Home Plan \$150 Group Plan
○ Seniorcise	Per private hour Per 10 Classes	\$17 Home Plan \$150 Group Plan
○ FitWalk	Per 10 Classes Outdoors	\$\$120 Group Plan
○ BootCamp -Women	Per 10 Classes Outdoors	\$120 Group Plan
○ BootCamp -Men	Per 10 Classes Outdoors	\$120 Group Plan
○ Brain Fitness – Cognitive Health	Per Private Hour	\$60

NOTE:

Corporate Weight Loss & Rehab Services	Program Length	Professional Fees
○ Consultation Meeting	1 hour	\$200
○ DietSmart for Shift Workers	4 hours	Book a Consultation
○ DietSmart for Degenerative Diseases	4 hours	Book a Consultation
○ DietSmart for Weight Loss	6 hours	Book a Consultation
○ Mobility/Rehabilitation	6 hours	Book a Consultation
○ DietMath - Macronutrients	3 hours	Book a Consultation
○ Meal Plans & Food Prep	4 hours	Book a Consultation
○ Ketosis for Rapid Weight Loss	3 hours	Book a Consultation
○ The Mini DietSmart Plan – Get Started	4 hours	Book a Consultation

Weight Loss Grants Services	Program Length	Professional Fees
○ Getting Started Consultation	2 hour	Included
○ Weight Loss Grants Program Nutrition & Personal Training	18 Months 3 Months DietSmart Training + 15 Months of Follow Up Care	\$5000 Home Plan \$3000 Group Plan
○ 15 Monthly Follow Ups	2 Hours per month	Included
○ Completion Certificate	-----	\$600
○ Extra private training session	2 hours	\$160

Workshops – Educational & Motivational	Program Length	Professional Fees
Free Public Weight Loss Workshop Learn more about Calories, Hormones & Eating Behaviors ○ January 26 2019 Saturday 9 – 11 am	4 hours – Limited Seats Must Register to Reserve your Seat Peterborough	Bring Food Donation Bring pencil & Calculator Register Now FREE
○ DietSamrt Heart Disease	4 hours	\$120.00
○ DietSmart Type 2 Diabetes	4 hours	\$120.00
○ DietSmart Obesity	4 hours	\$120.00
○ DietSmart for FitKids	4 hours	\$80.00
○ DietSmart for Teems		\$120.00
○ DietSmart Menopause, Hormones & Weight	4 hours	\$120.00
○ DietSmart Keto – Rapid Results	4 hours	\$120.00
○ DietSmart Seniors & Disability	4 hours	\$120.00
○ DietSmart Bariatric Post-Op Care	4 hours	\$120.00
○ DietSmart for Mental Health	4 hours	\$120.00

Do You Need Financing? _____

Are You Ready to Get Started? _____

Would You Like a Follow Up? _____

Note:

Client Signature: _____ **Date:** _____